



Culinary Review by Sarah Berger

La Mer Seafood

Located on Main Street in Armonk, La Mer Seafood offers a large selection of fresh seafood along with prepared foods and gourmet groceries. Whether you come for fresh fish, takeout, or frozen meals, La Mer Seafood has it all. While being an Armonk institution, Eddie Lamer prides himself on quality and taste.

When you walk into the newly renovated storefront, there are succulent vegetables to your right, and to your left you can find over twenty-five different prepared dishes ranging from fried oysters to tilapia Provencal. Three steps forward and you will find yourself surrounded by the freshest selection of fish and three freezers full of gourmet meals and sides including, salmon roll-ups and baked dishes.

While a few select dishes may be on the pricy side, the quality and service more than compensates for it. The vision of La Mer Seafood is to provide easy meals for any type of appetite. Eddie and his staff work to provide the customer with the easiest and most efficient meal and preparation while being very health-conscious.

Along with seasonal treats, such as, fried oysters and seared tuna, La Mer offers summer clambakes and year round catered events. The prices vary greatly and fit with any budget. The seafood used by La Mer is always fresh and “most definitely never frozen”-Eddie La Mer. La Mer Seafood gets all of its seafood fresh daily from a Brooklyn market and fillets it in-store.

Some of the favorite dishes include Tilapia Provencal, Fried Oysters, and Lobster Roll. If a customer ever has any sort of question about their seafood, Eddie and his staff are more than willing to help.

Sarah Recommends:

- * Sesame Salmon, Saffron Rice, and Garden Salad.
- * Seared Tuna, Fried Oysters, and Cesar Salad.
- * Lobster Roll and Green Salad.

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